

Wisconsin Girls High School D3 Track and Field Honor Roll

Week 1 March 15-20, 2010: [Compiled 4/5/10 at 7:08 AM]

06.8 E Jones/D Collins	Milw B V/Milw Mar	87/91	55m Dash
7.82 Teresa Rock å	11 Newman Catholic	3/20	Northern Badger SM @ UW-S
7.91 Haley Rassmussen å	11 Oshkoush Lourdes	3/19	Point Invitational @ UW-SP
7.95 Makenize Reinke å	10 Wild Rose	3/19	Point Invitational @ UW-SP
7.97 Makayla Hecker å	10 Wild Rose	3/19	Point Invitational @ UW-SP
8.07 Katelyn Kieler å	12 Cuba City	3/20	Tri State Sm @ UW-Plat
8.09 Hannah Downes å	12 Flambeau	3/20	Northern Badger SM @ UW-S
8.23 Mikayla Scharlau	10 Colfax	3/20	Northern Badger SM @ UW-S
8.27 Mariah Schreiner å	9 Athens	3/20	Northern Badger SM @ UW-S
8.37 Heather VonHoltum å	? Elmwood-Plum City	3/20	Northern Badger SM @ UW-S
8.43 Brianna Wirkus å	9 Marathon	3/18	Northland Pines Indoor
8.49 Marah Boyer å	? Elmwood-Plum City	3/20	Northern Badger SM @ UW-S
8.56 Becky Drewek å	10 Athens	3/20	Northern Badger SM @ UW-S
8.71 Karley Jerome å	11 Cornell	3/20	Northern Badger SM @ UW-S
8.84 Gabby Paulsen å	? Flambeau	3/20	Northern Badger SM @ UW-S
8.85 Sam Lautsbaugh å	? Cadott	3/20	Northern Badger SM @ UW-S
8.95 Sarah Shumaker å	? Shell Lake	3/20	Northern Badger SM @ UW-S
8.98 Avery Straub å	? Bangor	3/20	Northern Badger SM @ UW-S
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25.14 Kristen Barr	Wausau Newman	2004	200 Meter Dash
29.34 Jen Cassel å	10 Shell Lake	3/20	Northern Badger SM @ UW-S
29.84 Alissa Rinden å	10 Deerfield	3/20	Tri-State Sm @ UW-P
29.88 Heather VonHoltim å	? Elmwood-Plum city	3/20	Northern Badger SM @ UW-S
29.89 Hannah Downes å	12 Flambeau	3/20	Northern Badger SM @ UW-S
30.00 Jessica Soppeland å	12 Cadott	3/20	Northern Badger SM @ UW-S
30.07 Teresa Rock å	11 Newman Catholic	3/20	Northern Badger SM @ UW-S
30.32 Marah Boyer å	? Elmwood-Pluum City	3/20	Northern Badger SM @ UW-S
30.33 Emma Anderson å	? Shell Lake	3/20	Northern Badger SM @ UW-S
30.38 Emily Drewek å	12 Athens	3/20	Northern Badger SM @ UW-S
30.51 Rachael Nellessen å	12 Colfax	3/20	Northern Badger SM @ UW-S
30.66 Erin Gajewski å	9 Athens	3/20	Northern Badger SM @ UW-S
30.72 Brianna Wirkus å	9 Marathon	3/18	Northland Pines Indoor
31.90 Hannah Krueger	9 Stratford	3/19	Tomahawk Indoor Inv
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56.15	Jamie Vandenberg	Niagara	2008	400 Meter Run
1:03.71	Jen Cassel å	10 Shell Lake	3/20	Northern Badger SM @ UW-S
1:04.44	Stephanie Jahn å	? Deerfield	3/20	Tri State Sm @ UW-Plat
1:04.61	Katie Brownson å	12 Florence	2/14	USATF Midwest @ Columbia, MC
1:05.97	Chelsea Henry å	11 Fennimore	3/20	Tri State Sm @ UW-Plat
1:06.02	Caitlyn Bastable å	12 Newman Catholic	3/20	Northern Badger SM @ UW-S
1:07.10	Amanda Rothbauer å	12 Colfax	3/20	Northern Badger SM @ UW-S
1:07.50	Katie Blando å	11 Oshkosh Lourdes	3/19	Point Invitational @ UW-SP
1:07.51	Emma Anderson å	? Shell Lake	3/20	Northern Badger SM @ UW-S
1:07.54	Karissa Kaiser å	12 Stratford	3/19	Tomahawk Indoor Inv
1:08.04	Brooke Seubert å	9 Marathon	3/18	Northland Pines Indoor
1:08.21	Claire Scott å	9 Darlington	3/20	Tri State Sm @ UW-Plat
1:08.24	Jadra Peterson å	12 Colfax	3/20	Northern Badger SM @ UW-S
1:08.34	Jerica Nelson å	12 Fennimore	3/20	Tri State Sm @ UW-Plat
1:08.76	Andrea Michalske å	11 Newman Catholic	3/20	Northern Badger SM @ UW-S
1:09.44	Carla Long å	11 Turtle Lake-Clayton	3/20	Northern Badger SM @ UW-S
1:09.62	Kim Schaetzl å	12 Athens	3/20	Northern Badger SM @ UW-S
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2:13.29	Jamie Vandenberg	Niagara	2008	800 Meter Run
2:36.05	Mackenzie Koss å	11 Bangor	3/20	Northern Badger SM @ UW-S
2:39.96	Clare McDonald å	10 Oshkosh Lourdes	3/19	Point Invitational @ UW-SP
2:41.03	Kali Burkhardt å	? Bangor	3/20	Northern Badger SM @ UW-S
2:41.04	Becky Hartung å	10 Elmwood-Plum city	3/20	Northern Badger SM @ UW-S
2:41.52	Lindsay Frahm å	11 Athens	3/20	Northern Badger SM @ UW-S
2:42.72	Morgan Pempek å	9 Athens	3/20	Northern Badger SM @ UW-S
2:43.42	Emma Anderson å	9 Shell Lake	3/20	Northern Badger SM @ UW-S
2:45.20	Jen Cassel å	10 Shell Lake	3/20	Northern Badger SM @ UW-S
2:46.58	Liz Braml å	10 Turtle Lake-Clayton	3/20	Northern Badger SM @ UW-S
2:46.95	Brittney Rothbauer å	12 Colfax	3/20	Northern Badger SM @ UW-S
2:47.01	Molly Osuldsen å	12 Bruce	3/20	Northern Badger SM @ UW-S
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Week 1 March 15-20, 2010: [Compiled 4/5/10 at 7:08 AM]

5:01.31 Heather Murphy	North Crawford	1991	1600 Meter Run
5:21.13 Sarah McMahon å	11 Colfax [Record]	3/20	Northern Badger SM @ UW-S
5:37.34 Kathryn Pamperin å	9 Three Lakes	3/18	Northland Pines Indoor
5:56.64 Danica Harrison å	10 Auburndale	3/19	Point Invitational @ UW-SP
6:00.53 Morgan Pempek å	9 Athens	3/20	Northern Badger SM @ UW-S
6:02.36 Liz Braml å	10 Turtle Lake-Clayton	3/20	Northern Badger SM @ UW-S
6:04.00 Tori Winters å	9 Flambeau	3/20	Northern Badger SM @ UW-S
6:04.11 Molly Osuldsen å	12 Bruce	3/20	Northern Badger SM @ UW-S
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10:49.98 Molly Seidel	University Lake School	2009	3200 Meter Run
11:53.02 Sarah McMahon å	11 Colfax	3/20	Northern Badger SM @ UW-S
12:04.90 Sara Hasenjager å	12 Sevastopol	3/19	Point Invitational @ UW-SP
12:36.66 Kathryn Pamperin å	9 Three Lakes	3/18	Northland Pines Indoor
12:46.37 Maragret Hintz å	12 Rosholt	3/19	Point Invitational @ UW-SP
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Week 1 March 15-20, 2010: [Compiled 4/5/10 at 7:08 AM]

08.1 M Nelezen, L Junck	Cath Mem/Mad Edge	86/91	55m HH
09.31 Teresa Rock å	11 Newman Catholic	3/20	Northern Badger SM @ UW-S
09.41 Thea Schmidt å	? Bruce	3/20	Northern Badger SM @ UW-S
09.50 Jael Cornell å	10 Algoma	3/19	Point Invitational @ UW-SP
09.71 Amanda Yenter å	12 Rosholt	3/19	Point Invitational @ UW-SP
09.87 Cassandra Kuzniecki å	12 Cadott	3/20	Northern Badger SM @ UW-S
09.99 Courtney Anders	11 Flambeau	3/20	Northern Badger SM @ UW-S
10.24 Angelou Raval å	9 Turtle Lake-Clayton	3/20	Northern Badger SM @ UW-S
10.28 Morgan Yeska å	10 Wild Rose	3/19	Point Invitational @ UW-SP
10.28 Katie Brownson å	12 Florence	2/7	USA TF @ Carthage
10.31 Lisa Kriedler å	12 Darlington	3/20	Tri State Sm @ UW-Plat
10.39 Kathryn De Jung	9 Gillett	3/19	Point Invitational @ UW-SP
10.40 Haley Hazlet å	9 Wild Rose	3/19	Point Invitational @ UW-SP
10.74 Haylee Straub å	10 Bangor	3/20	Northern Badger SM @ UW-S
10.94 Hannah Rawson å	12 Elmwood-Plum City	3/20	Northern Badger SM @ UW-S
10.97 Katy Lang å	9 Marathon	3/18	Northland Pines Indoor
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43.75 Megan Rennhack	Dodgeland	2008	300 Meter LH

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Week 1 March 15-20, 2010: [Compiled 4/5/10 at 7:08 AM]

50.44 Newman Catholic		2009 400 Meter Relay	
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1:44.37 Poynette		1985 800 Meter Relay	
1:59.38	Elmwood-Plum City å	3/20	Northern Badger SM @ UW-S
2:00.03	Darlington å	3/20	Tri State Sm @ UW-Plat
2:02.20	Flambeau å	3/20	Northern Badger SM @ UW-S
2:02.63	Burlington Catholic Central å	3/19	Nelson Daniels Classic @ UW-W
2:03.11	Athens å	3/20	Northern Badger SM @ UW-S
2:03.15	Wild Rose	3/19	Point Invitational @ UW-SP
2:03.86	Colfax å	3/20	Northern Badger SM @ UW-S
2:05.72	Iola Scandanavia å	3/19	Point Invitational @ UW-SP
2:06.31	Rosholt å	3/19	Point Invitational @ UW-SP
2:07.49	Bangor å	3/20	Northern Badger SM @ UW-S
2:09.87	Marathon	3/18	Northland Pines Indoor
2:10.19	Cadott å	3/20	Northern Badger SM @ UW-S
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4:00.41 Rosholt	2005 1600 Meter Relay
4:32.65 Darlington å	3/20 Tri State Sm @ UW-Plat
4:34.99 Fennimore å	3/20 Tri State Sm @ UW-Plat
4:39.06 Colfax å	3/20 Northern Badger SM @ UW-S
4:40.34 Oshkosh Lourdes å	3/19 Point Invitational @ UW-SP
4:40.36 Burlington CatholicCentral å	3/19 Nelson Daniels Classic @ UW-W
4:40.79 Athens å	3/20 Northern Badger SM @ UW-S
4:40.81 Flambeau å	3/20 Northern Badger SM @ UW-S
4:42.23 Wild Rose å	3/19 Point Invitational @ UW-SP
4:44.05 Bangor å	3/20 Northern Badger SM @ UW-S
4:47.12 Stratford å	3/19 Tomahawk Indoor Inv
4:49.54 Elmwood-Plum City	3/20 Northern Badger SM @ UW-S
4:50.86 Marathon	3/18 Northland Pines Indoor
4:57.38 Cadott å	3/20 Northern Badger SM @ UW-S
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9:39.67 Frederic	2009 3200 Meter Relay
10:49.22 Sevastopol å	3/19 Point Invitational @ UW-SP
10:55.43 Pacelli å	3/19 Point Invitational @ UW-SP
11:15.40 Fennimore å	3/20 Tri State Sm @ UW-Plat
11:27.98 Marathon å	3/18 Northland Pines Indoor
11:28.94 Darlington å	3/20 Tri State Sm @ UW-Plat
11:31.92 Wild Rose å	3/19 Point Invitational @ UW-SP
11:40.70 Oshkosh Lourdes å	3/19 Point Invitational @ UW-SP
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46' 07.25	Janae Gjerno	Deerfield	2002	Shot Put
38' 04.00	Haley Zakrzewski	11 Rosholt	3/19	Point Invitational @ UW-SP
37' 10.25	Melanie Brickner	11 Marathon	3/18	Northland Pines Indoor
33' 04.00	Danielle McCord	11 Athens	3/20	Northern Badger SM @ UW-S
33' 02.50	Lainey Hafeman	12 Algoma	3/19	Point Invitational @ UW-SP
32' 08.00	Katie Brownson	12 Florence	3/7	USA TF MN Indr Cham'ships
32' 02.00	Ellen Sikorski	10 Cadott	3/20	Northern Badger SM @ UW-S
31' 06.50	Taylor Grzesiak	9 Marathon	3/18	Northland Pines Indoor
31' 00.00	Maryann Hundt	11 Bangor	3/20	Northern Badger SM @ UW-S
30' 11.00	Kirsten Hanery	? Fennimore	3/20	Tri State Sm @ UW-Plat
30' 05.00	Roshel Stewert	11 Flambeau	3/20	Northern Badger SM @ UW-S
30' 04.25	Ashley Martin	12 Darlington	3/20	Tri State Sm @ UW-Plat
30' 04.00	Haylie DeMoe	10 Colfax	3/20	Northern Badger SM @ UW-S

148' 09	Kami Sweet	Riverdale	2003	Discus
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Week 1 March 15-20, 2010: [Compiled 4/5/10 at 7:08 AM]

18' 06.50	Aileen Lemanski	Florence	2009	Long Jump
16' 01.00	Rachel Melum	12 Iola Scandnavia	3/19	Point Invitational @ UW-SP
15' 03.50	Thea Schmidt	9 Bruce	3/20	Northern Badger SM @ UW-S
15' 00.00	Tricia Hanson	11 Turtle Lake - Hanson	3/20	Northern Badger SM @ UW-S
14' 08.00	Courtney Anders	11 Flambeau	3/20	Northern Badger SM @ UW-S

37' 03.00	Deb Hafenstein	Waterloo	1985	Triple Jump
33' 05.00	Katie Brownson	12 Florence	2/7	USA TF @ Carthage
32' 05.00	Danielle Muntner	10 Wild Rose	3/19	Point Invitational @ UW-SP
30' 05.50	Emma Allman	12 Marathon	3/18	Northland Pines Indoor
30' 04.00	Courtney Anders	11 Flambeau	3/20	Northern Badger SM @ UW-S
30' 02.50	Andrea Michalske	11 Newman Catholic	3/20	Northern Badger SM @ UW-S
29' 10.00	Tricia Hanson	11 Turtle Lake-Clayton	3/20	Northern Badger SM @ UW-S
29' 05.50	Heidi Studinski	11 Pacelli	3/19	Point Invitational @ UW-SP
29' 01.00	Jordyn Mark	11 Elmwood-Plum City	3/20	Northern Badger SM @ UW-S
28' 05.00	Jessica Soppeland	12 Cadott	3/20	Northern Badger SM @ UW-S

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5' 09.00 Melum/Juedes/Townsend	Iola-S/Clear L/Elk M	2009	High Jump
5' 06.00 Rachel Melum	12 Iola-Scandinavia	3/19	Point Invite @ UW-SP
5' 02.00 Katie Brownson	12 Florence	3/7	USA TF MN Indr Cham'ships
4' 10.00 Thea Schmidt	9 Bruce	3/20	Northern Badger SM @ UW-S
4' 10.00 Karissa Kaiser	12 Stratford	3/19	Tomahawk Indoor Inv

11' 00 Jamie Scott	Rosholt	2005	Pole Vault
09' 00.00 Amber Rogers	12 Deerfield	3/20	Tri-State Sm @ UW-P
08' 06.00 Micaela Grosbier	11 Algoma	3/19	Point Invitational @ UW-SP
08' 00.00 Missy Avery	12 Flambeau	3/20	Northern Badger SM @ UW-S
08' 00.00 Cassandra Zuelke	12 Stratford	3/19	Tomahawk Indoor Inv
07' 06.00 Heather Smith	12 Colfax	3/20	Northern Badger SM @ UW-S